



STUDENT COURSE OVERVIEW

Below is an overview of the current Kidproof student courses including their content and curriculum area.

Cybersafe Early Years



Grades K-2 1 hour

Content Overview

- Four Rules of Safe Online Behavior
- Being a Good Online Citizen
- Improper Online Behavior
- Cyber-Bullying, Personal Information, Online Predators, Screen Name Safety

Curriculum Area

- ✓ Personal Safety
- ✓ Internet Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship

Never Bee Lost



Grades K-2 1 hour

Content Overview

- Steps to Staying Safe
- Who to Choose to Help
- Stranger Smarts
- Phone Number Activity

Curriculum Area

- ✓ Personal Safety

Safe Kids



Grades K-2 1 hour

Content Overview

- At Home Safety: Electricity, Poison, Fire Safety, Gun Safety
- Outside the Home Safety: Traffic, Bikes, and Playgrounds
- Emergencies & Calling for Help

Curriculum Area

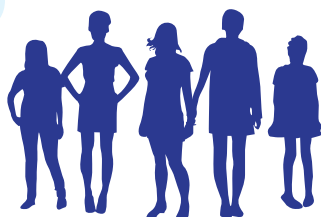
- ✓ Personal Safety

North Norwich Public School:

“The course exceeded my expectations, to be honest!”

YMCA:

“The content was perfect for the age group! What a great program!”



CONTACT US TODAY!

www.kidproofsafety.com
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STUDENT COURSE OVERVIEW

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Safe Sport



Grades 3-5 2 hours

Content Overview

- Winning and Losing Well
- Cheating
- Handling Competition
- Self-Esteem and Steps to Improving Self-Esteem
- Bullying, How to react to Bullying, Witnessing Bullying, Avoiding Bullying
- Dealing with Aggressive Players and Coaches
- Healthy Living
- Warm-up, Equipment, Game Rules, Sun Safety
- Healthy Eating
- Travel tips, Coaches and Adults, Hotel Rooms.

Curriculum Area

- ✓ Personal Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship
- ✓ Personal Health & Self-Esteem

Stranger Smarts



Grades 3-5 2 hours

Content Overview

- Definition of a Stranger
- Kid and Parent Promise
- Instinct, Intuition and Personal Alarms
- Protecting Safety Zone
- Safe Places vs. Safe Situations
- Tricks Predators will Use
- Where to Go For Help

Curriculum Area

- ✓ Personal Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship

I Wanna Walk



Grades 3-5 2 hours

Content Overview

- Planning Safe Route
- Dealing with Bullies Along the Way
- Pedestrian, Traffic and Road Safety
- Safety around Strangers
- Bike and Scooter Safety
- Dressing for Success
- Healthy Lifestyle

Curriculum Area

- ✓ Personal Safety
- ✓ Ethics & Good Citizenship
- ✓ Personal Health & Self-Esteem

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STUDENT COURSE OVERVIEW

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Cybersafe



Grades 3-5 2 hours

Content Overview

- What is the Internet. How, when and where should it be used
- Getting to Know the Internet. Definitions of Common Cyber-Terminology
- Rules for Safely Using the Internet and Social Networks
- Identifying Dangers Online
- Predators: How to Recognize Warning Signs
- Harassment / Bullying: How to Identify, Avoid and Respond
- Criminal Activity - Enticement
- Viruses
- Instant Messaging and Chatting: Face to Face Friends Vs. Acquaintances & Strangers
- Selecting a User Name and Passwords
- Personal Information
- Communication with Parents about Online Experiences

Curriculum Area

- ✓ Personal Safety
- ✓ Internet Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship

Bullyproofing



Grades 3-5 2 hours

Content Overview

- Developing Tolerance and Empathy
- Non-Discrimination against Gender, Physical Disability, Race, and Religion
- Identifying Bullying and Cyber Bullying
- What is Bullying and Why do People Bully
- Aggressive vs. Assertive: Why Violence is Never the Answer
- Responding to Bullies:
- Witnessing Bullying
- Avoiding Bullying
- If you are a Bully
- 5 Elements of Good Citizenship:
- Compassion
- Respect for yourself and others
- Honesty
- Responsibility
- Courage

Curriculum Area

- ✓ Personal Safety
- ✓ Internet Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship

First Aid For Kids



Grades 4-6 2 hours

Content Overview

- Responding to Emergencies: Four Step Action Plan
- Fire Safety
- Choking and Breathing Difficulties
- Treatment of Poisoning, Burns, and Nosebleeds
- Treatment for Cuts, Scrapes, and Punctures
- Case Studies / Scenarios

Curriculum Area

- ✓ Personal Safety
- ✓ Personal Health & Self-Esteem

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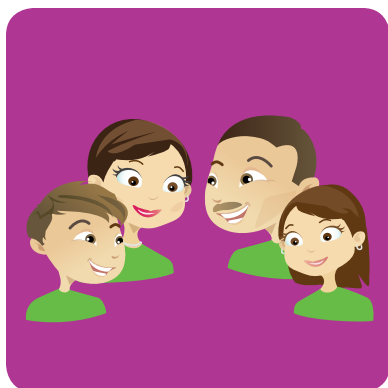
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Conflict Resolution



Grades 4-6 2 hours

Content Overview

- Identifying Conflict & Analyzing the Source of Conflicts: How to Examine Deeper Reasons for a Conflict
- Hurtful Behaviors, Including Non-Verbal Behaviors
- Gender Conflict, Street Conflict: Why Violence is Never the Answer
- Benefits of Conflict Resolution and Tricks to De-escalating Conflict
- How to Interpret Non-Verbal Behaviors (Body Language), and Using Non-Verbal Communication to Diffuse a Conflict.
- Using "I" Statements to Prevent and Stop Conflict
- Conversation Starters: How to Use Inquiry, Acknowledgment, and Support Skills in Talking with Adults such as Parents

Curriculum Area

- ✓ Personal Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship

Social Netiquette



Grades 4-6 2 hours

Content Overview

- Social Networking Capacity for Danger
- Thinking Critically while Online: Identifying Accurate and Truthful Information
- Dangers of Global Exposure through Social Networking Sites
- Dangers of Mobile Phones and Sexting
- Social Ethics and Rules of Social Networking
- Social Networking and Friendships: Setting Boundaries
- Morals, Values, and Ethics: Behavior in Real Life Should Mirror CyberLife
- Facebook Friends: The more the better?
- Dangers of Gaming, Gambling and Chat-Rooms
- Identity Theft & Profile Building
- Social Networking Protocols & Etiquette: pictures, videos, personal information, screen name.

Curriculum Area

- ✓ Personal Safety
- ✓ Internet Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship
- ✓ Personal Health & Self-Esteem

At Home Alone



Grades 5-6 2 hours

Content Overview

- Rights and Responsibilities
- Supervision from a Distance
- Keeping Constructively Occupied
- Preparing for an Emergency
- Dealing with Visitors and Phone Calls

Curriculum Area

- ✓ Personal Safety
- ✓ Personal Health & Self-Esteem

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STUDENT COURSE OVERVIEW

Below is an overview of the current Kidproof student courses including their content and curriculum area.

Babysitter Training



Grades 5+ 7 hours

Content Overview

- The Business of Babysitting
- Finding a Safe Babysitting Job
- Caring for Kids of All Ages
- Mealtime and Healthy Eating
- Babyproofing and Safety Checks
- Dealing with Visitors and Phone Calls
- Managing Childhood Arguments and Sibling Rivalry
- Safe Play Time
- Babysitters First Aid
- Responding to Emergencies
- Fire Safety
- Emergency First Aid: Four Step Action Plan
- Choking and Breathing Difficulties
- Treatment of Poisoning
- Treatment of Burns
- Treatment for Cuts, Scrapes, and Punctures
- Treatment of Nosebleeds

Curriculum Area

- ✓ Personal Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship
- ✓ Personal Health & Self-Esteem

A Girl's Way



Grades 6-7 2 hours

Content Overview

- Healthy Relationships & Communications
- Friends vs. Clique: How to Choose Your friends
- How to Handle Peer Pressure
- Friends of the Opposite Sex: Respect and Understanding
- The Word No: Setting Boundaries with friends and Acquaintances
- Tips for Safe Outings with Friends: Increasing Critical Thinking Skills
- Family Relationships & Communication
- Online Relationships: Responsibility, Safety, Integrity
- Influence of Media on Body Image and Self-Esteem
- Tips for Improving Body Image and Self-Esteem

Curriculum Area

- ✓ Personal Safety
- ✓ Internet Safety
- ✓ Relationships
- ✓ Ethics & Good Citizenship
- ✓ Personal Health & Self-Esteem

At Home Alone + First Aid



Grades 5-6 4 hours

Content Overview

- Rights and Responsibilities
- Keeping Constructively Occupied
- Preparing for an Emergency
- Dealing with Visitors and Phone Calls
- Responding to Emergencies: Four Step Action Plan
- Fire Safety
- Choking and Breathing Difficulties
- Treatment of Poisoning, Burns, and Nosebleeds
- Treatment for Cuts, Scrapes, and Punctures
- Case Studies / Scenarios

Curriculum Area

- ✓ Personal Safety
- ✓ Personal Health & Self-Esteem

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