# A Girl's Way



Now that your daughter is at the age that she is testing her limitations and seeking more independence, it is important that she has the confidence and ability to recognize risky situations and make safe choices when it comes to her health and safety. Kidproof's A Girl's Way program will provide girls with knowledge to draw from if faced with a dangerous situation.

The transition from elementary or middle school to high school can be a scary



one for many young girls. Suddenly kids go from a familiar environment to a new place with often hundreds more kids, new social norms and customs. High school opens the door to a number of new safety concerns, especially for girls.

Consider that high school is often when kids are introduced to drugs, alcohol, cigarettes, dating, and peer pressure is at an all time high. Are you confident that your daughter is prepared for this new phase in her life?

3 hours Recommended for kids ages 11-14

#### This dynamic course is designed specifically for girls ages 11-14 years and covers topics such as:

- Setting boundaries with friends and acquaintances
- Increasing critical thinking skills
- Drug and alcohol awareness
- Identifying potential dangerous relationships
- Raising self-esteem
- Developing healthy body image
- Internet safety

# Why Kidproof



For a decade, Kidproof has earned the trust of parents and educators to deliver the most current, relevant, affordable and valuable safety education on the planet!

Join hundreds of thousands of children and register for a Kidproof program today!

## We make safety fun!

Our safety programs are fun, entertaining, exciting, and developed by leading experts in child and family safety. Make no mistake, we take protecting kids very seriously and our diligence in providing the most accurate information shows through in every course we deliver.

## More than just safety lessons

We believe that kids learn by "doing" and our programs are action packed! Through role play and group activities, Kidproof students learn to develop their critical thinking skills by working through possible scenarios and outcomes.

Every Kidproof program comes with standard student workbooks and materials that support the lessons and provide essential "take-aways" that become a great resource for the whole family! In addition, we have developed corresponding "optional materials" like parent guide books, craft kits, first aid kits, and other goodies that can be added to any class for extra value!

- 1. Select course(s)
- 2. Confirm dates with your local Kidproof Safety Team
- 3. Enjoy the class!

The only thing we ask is that you provide a safe public facility (no private homes) to host the program and organize your group of 10 or more kids. A certified and screened Kidproof instructor will attend your facility on the day of the class with all student materials and ready to teach.

And you only have to pay

If you have to cancel - no problem! With no deposit or cancellation penalties you can be free to cancel a class anytime.

for students that attend.



#### **Testimonials**

**Brownie Group** "The girls enjoyed the class and parents were very happy. I would definitely recommend it to other units!"

**YMCA** "The content was perfect for the age group! What a great program!"

**Ridhima** "The instructors are awesome and great teachers! It was great!"

Cassie "Great, fabulous, fantastic!"

## Contact Kidproof for information on how to book a program today!

Call: 1-866-467-2338 or e-mail: info@kidproofsafety.com

www.kidproofsafety.com